Selling areas

To apply for a Providence Health Plan Individual & Family plan, you must reside in our selling area for the selected plan type as listed below

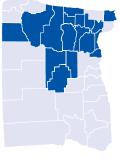


The Providence Connect Network

A network of more than 100 primary care clinics designated as

Providence Connect plans are available in Portland metro counties,

- Washington
- Yamhill (ZIP codes 97123 and 97132 only)
- - Hood River



The Providence Choice Network

A network of more than 400 primary care clinics designated as

available on the Providence Choice Network in these counties: Providence Oregon Direct, Standard, and HSA Qualified plans are

- Clatsop Clackamas Jackson Hood River Linn Lincoln Marion Yamhill
- Crook Deschutes Jefferson Multnomah Polk



The Providence Signature Network

A nationwide network of nearly 1 million providers, both in Providence facilities and in other locations.

on the Providence Signature Network, available in all Oregon counties. Providence Oregon Direct, Standard, and HSA Qualified plans are available



Add Individual & Family Dental to your coverage

Providence Health Plan has partnered with the Delta Dental Plan of Oregon to give our members access to option is available in all Oregon counties. more than 1,200 in-network providers throughout the state of Oregon. The Individual & Family Dental plan

Things to know as you consider your coverage

ProvidenceHealthPlan.com/SBC. or contact our sales team or your insurance producer. To view the Summary of Benefits and Coverage (SBC), visit information about plan benefits and enrollment requirements, limitations and exclusions, see the plan contract This booklet offers an overview of our Individual & Family plans, which are subject to change every year. For more

When to apply

the premium or experience certain life events, such as marriage or adoption. For more information and a list of Qualifying a Special Enrollment Period if you experience an involuntary loss of minimum essential coverage except for failure to pay qualifying life event to enroll during a Special Enrollment Period. You can apply for and get health insurance coverage during Apply directly through Providence Health Plan during the Open Enrollment Period from November 1, 2023 through Events, visit ProvidenceHealthPlan.com/QE. 2024, you will have a February 1, 2024 Effective Date of Coverage. After the Open Enrollment Period ends, you must have a December 31, 2023 for a January 1, 2024 Effective Date of Coverage. If you apply from January 1, 2024 through January 15,

is entitled to Medicare Part A and/or enrolled in Medicare Part B is not eligible to enroll in a Providence Health Plan & Family medical plan. Providence is non-duplication with Medicare on Individual & Family plans. Someone who be eligible to enroll in the Individual & Family Dental plan, you must enroll in a Providence Health Plan Individual Individual & Family plan. To purchase one of our plans, you must live in the service area and be a resident of the state of Oregon. In order to

Application and premium payment dates

To apply directly through Providence Health Plan, visit **ProvidenceHealthPlan.com/Shop** to use our online shopping and enrollment tool. At the time you submit your online application, you will be directed to submit your initial premium

Qualifying event effective dates

If you would prefer a prospective effective date, please call Membership Accounting at 503-574-5791 or 888-816-1300 or foster care of a child, or a court order, coverage will be effective from the date of the event. All other Qualifying Events Providence Health Plan's receipt of the initial premium. If the qualifying event is birth, adoption, placement for adoption (TTY: 711) for further instructions. will be effective on the first day of the month following Providence Health Plan's receipt of your completed application. During a Special Enrollment Period, the Effective Date of Coverage is determined by the Qualifying Event as well as

Monthly premium payment information

payments made by an employer or a third party except as permitted by state or federal regulation. Providence Health Plan electronic payment system. **Please note**: Providence Health Plan does not accept any premium Plan encourages you to visit **Providence.org/PremiumPay** to set up a recurring payment arrangement through the After you have been enrolled, your monthly premium payment is due on the first of each month. Providence Health

Key health insurance terms

See our online Glossary at ProvidenceHealthPlan.com/Glossary for explanations and definitions of health insurance terms

Notice of privacy practices

Visit ProvidenceHealthPlan.com to learn about Providence Health Plan's privacy practices. You may obtain a copy of our service at 503-574-7500 or 800-878-4445 (TTY: 711). Providence Health Plan notice of privacy practices by visiting **ProvidenceHealthPlan.com/NOPP** or by calling customer

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Connect Plans

The Connect Network delivers an integrated patient-centered experience for all your healthcare needs. Your medical home, led by your primary care provider (PCP), will work with other health professionals to coordinate your care.

Connect plans offer:

- The Connect Direct plan offers lower monthly premiums.
- The Connect Direct plan is only available through Providence Health Plan or through a producer.
 Connect plans do not require in-network specialist
- © Connect plans offer a \$5 copay for your first three PCP and for your first three behavioral health outpatient visits.
- ⊗ In-network chiropractic manipulation and acupuncture benefits.
- No out-of-network benefits are included with this plan. You must use an in-network provider to receive benefits except for emergency and urgent care services.
- The option to add dental coverage with the Individual & Family Dental plan, as long as you buy a plan directly from Providence Health Plan or through a producer.

For a listing of in-network providers, visit ProvidenceHealthPlan.com/FindAProvider.

Connect plans	Connect 1500 Gold In-network (No out-of-network benefits)	Connect 5000 Silver In-network (No out-of-network benefits)	Connect 9450 Bronze In-network (No out-of-network benefits)	Connect Direct 5000 Silver In-network (No out-of- network benefits)
Annual deductible Individual/ Family	\$1,500/\$3,000	\$5,000/\$10,000	\$9,450/\$18,900	\$5,000/\$10,000
Annual out-of-pocket maximum Individual/Family	\$8,200/\$16,400	\$9,000/\$18,000	\$9,450/\$18,900	\$9,000/\$18,000
After mee	eting your deductible, you'l The deductible doesn't	After meeting your deductible, you'll pay the following amounts for covered services. The deductible doesn't apply for services marked with a \checkmark .	s for covered services. with a ✓.	
Preventive Care				
Periodic health exams and well- baby care (from any provider licensed to perform the service)	Covered in full 🗸	Covered in full	Covered in full	Covered in full
Maternity prenatal office visits	Covered in full <	Covered in full	Covered in full	Covered in full
Annual gynecological exam and Pap test	Covered in full 🗸	Covered in full	Covered in full	Covered in full
Mammograms	Covered in full	Covered in full	Covered in full	Covered in full
Colorectal cancer screenings (preventive age 45 and over)	Covered in full 🗸	Covered in full	Covered in full 🗸	Covered in full
Office Visits for Medical Services				
Primary care provider (PCP)	First 3 visits covered at \$5 \(\square\$ then \) In-Person: \$30 \(\square\$ Virtually: \$10 \(\square\$ \)	First 3 visits covered at \$5 < then In-Person: \$40 < Virtually: \$10 <	First 3 visits covered at \$5 \times then In-Person: \$75 \times Virtually: \$10 \times	First 3 visits covered at \$5 In-Person: \$35 Virtually: \$10
Office Visits for Medical Services				
Alternative care provider	\$30~	\$40~	\$75~	\$35~
Specialist	\$50√	\$60~	\$100~	\$55√

	henefits)	henefite)	hanafita)	of-network hangfits
HospitalServices				
Inpatient hospital services and maternity care	20%	40%	Covered in full	40%
Emergency and Urgent Care				
Emergency services (all services treated as in-network)	\$250 then 20%	\$250 then 40%	Covered in full	\$250 then 40%
Urgent care services (Deductible applies out-of-network)	\$50~	\$60~	\$100~	\$55√
Outpatient Diagnostic Services				
X-ray and lab services	20%√	40%✓	Covered in full	40%√
High tech imaging services (such as PET, CT, MRI)	20%	40%	Covered in full	40%
Mental Health and Chemical Dependency	ncy			
Inpatient and residential services	20%	40%	Covered in full	40%
Outpatient provider visits	First 3 visits covered at \$5 \sqrthen In-Person: \$30 \sqrt\ Virtually: \$10 \sqrt	First 3 visits covered at \$5 \times then In-Person: \$40 \times Virtually: \$10 \times	First 3 visits covered at \$5 vthen In-Person: \$75 v Virtually: \$10 v	First 3 visits covered at \$5 \sqrthen In-Person: \$35 Virtually: \$10
Other Covered Services				
Outpatient surgery at an ambulatory surgery center	10%	30%	Covered in full	30%
Chiropractic manipulation (20 visits per calendar year) and acupuncture (12 visits per calendar year)	\$25~	\$25~	\$25~	\$25~
Prescription Drugs				
Tier 1	Covered in full√	Covered in full√	Covered in full√	Covered in fullく
Tier 2	\$10~	\$20~	\$35~	\$20~
Tier 3	\$50√	\$65~	Covered in full	\$70~
Tier 4	50%	50%	Covered in full	50%
Tier5	50% with a \$200 per script cap	50% with a \$200 per script cap	Covered in full	50% with a \$200 per script cap
Tier 6	50%	50%	Covered in full	50%
Pediatric Vision Services (children aged 18 years and younger, one exam per calendar year)	ed 18 years and younge	r, one exam per calenda	ır year)	
Routine eye exams	Covered in full√	Covered in full	Covered in full	Covered in full
Vision hardware (frames, lenses, contact lenses); limits apply	Covered in full <	Covered in full	Covered in full	Covered in full <
Adult Vision Services (one exam per calendar year)	calendar year)			
Routine eye exams	\$25~	\$25~	\$25~	\$25~
Vision hardware (frames, lenses, contact lenses)	Not covered	Not covered	Not covered	Not covered
Pediatric Dental Services* (children aged 18 years and younger)	aged 18 years and young	er)		
Preventive services	Covered in full√	Covered in full√	Covered in full√	Covered in full <
Basic services (restorative fillings)	50%	50%	Covered in full	50%
Major services (includes oral surgery, crowns, endodontics, periodontics, denture and bridge work)	50%	50%	Covered in full	50%

Visit ProvidenceHealthPlan.com/Shop to compare plans, get a quote, and enroll.

8 ProvidenceHealthPlan.com Connect plans continued on next page. ProvidenceHealthPlan.com 9

Providence Oregon Direct Plan

These plans may offer a lower premium for those who don't qualify for financial assistance through the Health Insurance Marketplace®.

The Providence Oregon Direct plan offers:

- Providence Oregon Direct plans are only available through Providence Health Plan or through a producer.
- The Providence Oregon Direct plan is offered on the Choice Network or the Signature Network, depending on the county in which you live. Please see page 6 for selling areas.
- You will need to choose a medical home if your plan is on the Providence Choice Network.
- Providence Oregon Direct plans offer a \$5 copay for your first three PCP and for your first three behavioral health outpatient visite
- No out-of-network benefits are included with this plan. You must use an in-network provider to receive benefits except for emergency and urgent care services.
- ⊘ Providence Oregon Direct plans do not require innetwork specialist referrals.
- The option to add dental coverage with the Individual & Family Dental plan as long as you buy a plan directly from Providence Health Plan or through a producer.

For a listing of in-network providers, visit ProvidenceHealthPlan.com/FindAProvider.

Providence Oregon Direct plan	Providence Oregon Direct Silver In-network (No out-of-network benefits)
Annual deductible Individual/Family	\$5,500/\$11,000
Annual out-of-pocket maximum Individual/Family	\$9,450/\$18,900
After meeting your deductible, you'll pay the following amounts for covered services . The deductible doesn't apply for services marked with a \checkmark .	nounts for covered services. arked with a ✓.
Preventive Care	
Periodic health exams and well-baby care (from any provider licensed to perform the service)	Covered in full√
Maternity prenatal office visits	Covered in full <
Annual gynecological exam and Pap test	Covered in full <
Mammograms	Covered in full ✓
Colorectal cancer screenings (preventive age 45 and over)	Covered in full ✓
Office Visits for Medical Services	
Primary care provider (PCP)	First 3 visits covered at \$5 <!--</b-->then In-Person: \$40 < Virtually: \$10 <
Alternative care provider	\$80<
Specialist	\$80<

Hospital Services	
Inpatient hospital services and maternity care	30%
Emergency and Urgent Care	
Emergency services (all services treated as in-network)	30%
Urgent care services (Deductible applies out-of-network)	\$70~
Outpatient Diagnostic Services	
X-ray and lab services	30%
High tech imaging services (such as PET, CT, MRI)	30%
Mental Health and Chemical Dependency	
Inpatient and residential services	30%
Outpatient provider visits	First 3 visits covered at \$5 < then In-Person: \$40 Virtually: \$10
Other Covered Services	
Outpatient surgery at an ambulatory surgery center	30%
Chiropractic manipulation (20 visits per calendar year) and acupuncture (12 visits per calendar year)	\$40~
Prescription Drugs	
Tier1	\$15~
Tier 2	\$15~
Tier 3	\$60~
Tier 4	50%✓
Tier5	50%✓
Tier 6	50%✓
Pediatric Vision Services (children aged 18 years and younger, one exam per calendar year)	endar year)
Routine eye exams	Covered in full <
Vision hardware (frames, lenses, contact lenses); limits apply	Covered in full 🗸
Adult Vision Services (one exam per calendar year)	
Routine eye exams	\$25~
Vision hardware (frames, lenses, contact lenses)	Not covered
Pediatric Dental Services (children aged 18 years and younger)	
Preventive services	Not covered
Basic services (restorative fillings)	Not covered
Marine and the second	

Visit ProvidenceHealthPlan.com/Shop to compare plans, get a quote, and enroll.

10 ProvidenceHealthPlan.com Providence Oregon Direct plan continued on next page. ProvidenceHealthPlan.com 11

HSA Qualified Plan

This high-deductible plan provides affordable coverage with a lower premium. A tax-exempt Health Savings Account (HSA) helps you save pre-tax dollars for future healthcare expenses.

The HSA Qualified plan offers:

- A preferred rate on an HSA with HealthEquity*, a partner of Providence Health Plan.
- $\ensuremath{\mathfrak{S}}$ Lower premiums with most services subject to the deductible.
- No out-of-network benefits are included with this plan. You must use an in-network provider to receive benefits except for emergency and urgent care services.
- You will need to choose a medical home if your plan is on the Providence Choice Network.
- The HSA Qualified plan is offered on the Choice or the Signature Network, depending on the county in which you live. Please see page 6 for selling areas.
- HSA Qualified plans do not require in-network specialist referrals.
- The option to add dental coverage with the Individual & Family Dental plan, as long as you buy a medical plan directly from Providence Health Plan or through a producer.

For a listing of in-network providers, visit ProvidenceHealthPlan.com/FindAProvider.

HSA Qualified plan	HSA Qualified 7100 Bronze In-network (No out-of-network benefits)
Annual deductible Individual/Family	\$7,100/\$14,200
Annual out-of-pocket maximum Individual/Family	\$7,100/\$14,200
After meeting your deductible, you'll pay the following amounts for covered services. The deductible doesn't apply for services marked with a 🗸	wing amounts for covered services. vices marked with a ✓
Preventive Care	
Periodic health exams and well-baby care (from any provider licensed to perform the service)	Covered in full ✓
Maternity prenatal office visits	Covered in full ✓
Annual gynecological exam and Pap test	Covered in full 🗸
Mammograms	Covered in full V
Colorectal cancer screenings (preventive age 45 and over)	Covered in full ✓
Office Visits for Medical Services	
Primary care provider (PCP)	Covered in full
Primary care provider (PCP) virtually	Covered in full
Alternative care provider	Covered in full
Specialist	Covered in full

HSA Qualified plan	HSA Qualified 7100 Bronze In-network (No out-of-network benefits)
Hospital Services	
Inpatient hospital services and maternity care	Covered in full
Emergency and Urgent Care	
Emergency services (all services treated as in-network)	Covered in full
Urgent care services	Covered in full
Outpatient Diagnostic Services	
X-ray and lab services	Covered in full
High tech imaging services (such as PET, CT, MRI)	Covered in full
Mental Health and Chemical Dependency	
Inpatient and residential services	Covered in full
Outpatient provider visits	Covered in full
Other Covered Services	
Outpatient surgery at an ambulatory surgery center	Covered in full
Chiropractic manipulation (20 visits per calendar year) and acupuncture (12 visits per calendar year)	Covered in full
Prescription Drugs	
Tier 1	Covered in full
Tier 2	Covered in full
Tier 3	Covered in full
Tier 4	Covered in full
Tier 5	Covered in full
Tier 6	Covered in full
Pediatric Vision Services (children aged 18 years and younger)	
Routine eye exams	Covered in full√
Vision hardware (frames, lenses, contact lenses); limits apply	Covered in full✓
Adult Vision Services (one exam per calendar year)	
Routine eye exams	Not covered
Vision hardware (frames, lenses, contact lenses)	Not covered
Pediatric Dental Services (children aged 18 years and younger)	
Preventive services	Not covered
	Not covered
Basic services (restorative fillings)	Not covered

Visit ProvidenceHealthPlan.com/Shop to compare plans, get a quote, and enroll.

12 ProvidenceHealthPlan.com HSA Qualified plan continued on next page. ProvidenceHealthPlan.com 13

Standard Plans

Choose a coverage level with affordable premiums and pair it with your preferred network.

Standard plans offer:

- Providence Standard plans are offered on the Choice Network or the Signature Network, depending on the county in which you live. Please see page 6 for selling areas.
- © You will need to choose a medical home if your plan is on the Providence Choice network.
- Providence Standard plans offer a \$5 copay for your first three combined PCP and behavioral health outpatient visits.
- Providence Standard plans do not require innetwork specialist referrals.
- No out-of-network benefits are included with this plan. You must use an in-network provider to receive benefits except for emergency and urgent care services.
- The option to add dental coverage with the Individual & Family Dental plan, as long as you buy a plan directly from Providence Health Plan or through a producer.

Q

For a listing of in-network providers, visit ProvidenceHealthPlan.com/FindAProvider.

Standard plans	Providence Oregon Standard Gold In-network (No out-of-network benefits)	Providence Oregon Standard Silver In-network (No out-of-network benefits)	Providence Oregon Standard Bronze In-network (No out-of-network benefits)
Annual deductible Individual/ Family	\$1,800/\$3,600	\$5,500/\$11,000	\$9,450/\$18,900
Annual out-of-pocket maximum Individual/Family	\$7,550/\$15,100	\$9,450/\$18,900	\$9,450/\$18,900
After meetin	gyour deductible, you'll pay the following amounts for covening the following	After meeting your deductible, you'll pay the following amounts for covered services The deductible doesn't apply for services marked with a \checkmark	rvices.
Preventive Care			
Periodic health exams and well- baby care (from any provider licensed to perform the service)	Covered in full 🗸	Covered in full	Covered in full✓
Maternity prenatal office visits	Covered in fu∥√	Covered in full√	Covered in full ✓
Annual gynecological exam and Pap test	Covered in fu∥√	Covered in full	Covered in full√
Mammograms	Covered in fu∥✓	Covered in full	Covered in full ✓
Colorectal cancer screenings (preventive age 45 and over)	Covered in full <	Covered in full	Covered in full√
Office Visits for Medical Services			
Primary care provider(PCP)	First 3 visits combined with behavioral health outpatient visits covered at \$5 < then In-Person: \$20 < , Virtually: \$20 <	First 3 visits combined with behavioral health outpatient visits covered at \$5 \sqrt{then} In-Person: \$20 yIrtually: \$20 \sqrt{	First 3 visits combined with behavioral health outpatient visits covered at \$5 \(\sigma\) then In-Person: \$20 \(\sigma\), Virtually: \$20 \(\sigma\)
Alternative care provider	\$40~	\$80~	\$150~
Specialist	\$40~	\$80~	\$150~
Hospital Services			
Inpatient hospital services and maternity care	20%	30%	Covered in full

	Major services (includes oral surgery, crowns, endodontics, periodontics, denture and bridge work)	Basic services (restorative fillings)	Preventive services	Pediatric Dental Services (children aged 18 years and younger)	Vision hardware (frames, lenses, contact lenses)	Routine eye exams	Adult Vision Services (one exam per calendar year)	Vision hardware (frames, lenses, contact lenses); limits apply	Routine eye exams	Pediatric Vision Services (children aged 18 years and younger,	Tier6	Tier5	Tier4	Tier 3	Tier 2	Tier1	Prescription Drugs	Chiropractic manipulation (20 visits per calendar year) and acupuncture (12 visits per calendar year)	Outpatient surgery at an ambulatory surgery center	Other Covered Services	Outpatient provider visits	Inpatient and residential services	Mental Health and Chemical Dependency	High tech imaging services (such as PET, CT, MRI)	X-ray and lab services	Outpatient Diagnostic Services	Urgent care services (Deductible applies out-of-network)	Emergency services (all services treated as innetwork)	Emergency and Urgent Care	Standard plans
✓Deductible is waived for these services.	Not covered	Not covered	Not covered	n aged 18 years and younger)	Not covered	Not covered	er calendar year)	Covered in full ✓	Covered in full <	n aged 18 years and younger, one	50% with a \$500 per script cap√	50% with a \$500 perscript cap√	50%✓	\$30~	\$10~	\$10~		\$20~	20%		First 3 visits combined with PCP visits covered at \$5 \(\sigma, \text{ then} \) In-Person: \$20 \(\sigma, \text{ Virtually: \$20 \(\sigma} \)	20%	ndency	20%	20%		\$60~	20%		Providence Oregon Standard Gold In-network (No out-of-network benefits)
for these services.	Not covered	Not covered	Not covered		Not covered	Not covered		Covered in full ✓	Covered in full <	one exam per calendar year)	50% √	50%~	50%✓	\$60~	\$15~	\$15~		\$40~	30%		First 3 visits combined with PCP visits covered at \$5 \(\sigma, \text{ then} \) In-Person: \$20 \(\sigma, \text{ Virtually: \$20 \(\sigma} \)	30%		30%	30%		\$70~	30%		Providence Oregon Standard Silver In-network (No out-of-network benefits)
	Not covered	Not covered	Not covered		Not covered	Not covered		Covered in full	Covered in full		Covered in full	Covered in full	Covered in full	Covered in full	\$25~	\$25~		\$50~	Covered in full		First 3 visits combined with PCP visits covered at \$5 \(\sigma\), then In-Person: \$20 \(\sigma\), Virtually: \$20 \(\sigma\)	Covered in full		Covered in full	Covered in full		\$100~	Covered in full		Providence Oregon Standard Bronze In-network (No out-of-network benefits)

Visit ProvidenceHealthPlan.com/Shop to compare plans, get a quote, and enroll.

14 ProvidenceHealthPlan.com Standard plans continued on next page. ProvidenceHealthPlan.com 15

Individual & Family Dental Plan

Good oral health starts with great coverage. Our partnership with Delta Dental Plan of Oregon gives you access to the Delta Dental PPO^{TA} Network with more than 1,200 innetwork providers at over 850 locations across Oregon to help keep your smile healthy. Choose the Individual & Family Dental plan and get coverage for preventive care, as well as many basic and major services, with a \$0 deductible.

For a listing of Delta Dental providers available through the Delta Dental PPO''' network, visit ProvidenceHealthPlan.com/FindADentist.

Individual & Family Dental plan	In-network (No out-of-network benefits)
Monthly rate (per person)	\$34
Deductible (per person)	\$0
Deductible (per family)	\$0
Annual maximum benefit (per person)	\$1,000
Waiting periods	6 to 12 months*
Services	
Diagnostic and preventive services (includes routine exams, bitewing X-rays, cleanings, topical fluoride)	Covered in full
Basic services (includes restorative fillings and space maintainers)	30%
Major services (includes oral surgery, crowns, endodontics, periodontics, denture and bridge work)	50%
Limits and restrictions may apply.	

*for members without 12 continuous months of prior dental coverage, there is a 6-month exclusion period for Basic Services and a 12-month exclusion period for Major Services.

Find more details in the Individual & Family Dental plan contract online at

ProvidenceHealthPlan.com/PlanDocuments.

Important information about Individual & Family Dental plan coverage:

You must purchase a Providence Health Plan Individual & Family medical plan in order to purchase the Individual & Family Dental plan. You may not purchase our dental plan if you get your Providence medical plan through the Health Insurance Marketplace®. If you apply for this dental plan, everyone on the application will be included on the dental plan. If anyone in your family wishes to have just medical and not dental, you must submit a separate application. Our optional Individual & Family Dental plan provides benefits for adults and children for an additional monthly premium per person, per month. If you choose the Individual & Family Dental plan, all people listed on the application will be enrolled and charged the dental premium amount in addition to the medical plan premium. If you purchase a Providence Health Plan Standard, HSA Qualified, or Providence Oregon Direct medical plan, adding the Individual & Family Dental plan does not satisfy the ACA pediatric dental Essential Health Benefit (EHB) requirement. For more details on the Individual & Family Dental plan, visit **ProvidenceHealthPlan.com/INDDental2024.**

Where to buy plans

Purchase the right plan for you at **ProvidenceHealthPlan.com/Shop**, or ask a Providence sales representative or your insurance producer for help. Providence plans are also available through the Health Insurance Marketplace® at **HealthCare.gov**.

Let us help find the right plan for you:

- Online at ProvidenceHealthPlan.com/Shop
- In-person or over the phone with your
- Over the phone with a Providence sales representative by calling **503-574-5000** or **800-988-0088 (TTY: 711)** 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday

Individual & Family Dental plan	Dental plan name	Providence Oregon Direct Silver Plan - Signature Network	HSA Qualified 7100 Bronze - Signature Network	Providence Oregon Standard Bronze Plan - Signature Network	Providence Oregon Standard Silver Plan - Signature Network	Providence Oregon Standard Gold Plan - Signature Network	Signature Network	Providence Oregon Direct Silver Plan - Choice Network	HSA Qualified 7100 Bronze - Choice Network	Providence Oregon Standard Bronze Plan - Choice Network	Providence Oregon Standard Silver Plan - Choice Network	Providence Oregon Standard Gold Plan - Choice Network	Choice Network	Connect Direct 5000 Silver	Connect 9450 Bronze	Connect 5000 Silver	Connect 1500 Gold	Connect Network	Medical plan name and metal tier
Q	Plans available directly from Providence or your producer	Q	@	Q	Q	Q		Q	Q	Q	@	Q		ଉ	ଉ	ଉ	ଉ		Plans available directly from Providence or your producer
	Plans available from the Health Insurance Marketplace® at HealthCare.gov		Q	Q	Q	Q			Q	Q	Q	Q			Q	ଉ	Q		Plans available from the Health Insurance Marketplace® at HealthCare.gov

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